



## Volunteer Role Description

Role Title	<b>Ambulance Community First Responder (CFR)</b>
<b>Purpose of the role</b>	<p>CFRs play an integral part in our response to patients within the local communities of where they live and work. As a CFR you will join your local scheme and attend medical and trauma emergencies, often providing vital interventions and support before the arrival of the ambulance crew.</p>
<b>What you will be doing</b>	<p>After the recruitment and training process, you will be equipped to attend a range of medical emergency calls in your community which include, but are not limited to:</p> <ul style="list-style-type: none"> <li>• Suspected strokes</li> <li>• Suspected heart attacks</li> <li>• Cardiac arrests</li> <li>• Traumatic injuries (e.g. broken bones / severe bleeding)</li> <li>• Breathing difficulties</li> </ul> <p>CFRs will never knowingly be sent to a dangerous situation or incidents which we deem unsuitable, which include but are not limited to:</p> <ul style="list-style-type: none"> <li>• Road traffic collisions</li> <li>• Fires</li> <li>• Patients suffering a psychiatric emergency</li> <li>• Maternity / gynaecology issues</li> <li>• Assaults</li> </ul> <p>You will usually work alone and will often be the first person on scene representing the ambulance service and, in some cases, will be providing lifesaving interventions such as CPR and using a defibrillator.</p> <p>Not all cases are of such a life threatening nature, you will sometimes be providing reassurance and gaining information ready for the arrival of the ambulance crew.</p> <p>You will be part of a local CFR scheme which you will be expected to embed into, and you may sometimes be asked to attend local events to promote the scheme and assist in fundraising for the SCAS Charity, which provides all the equipment and the uniform for our CFRs.</p>

<p><b>Skills, qualities, and experience required</b></p>	<p>No formal qualifications are required for this role, although candidates will need to be aged 18 or over, have a full driving licence with at least 6 months driving experience, have no more than 3 penalty points and access to a car.</p> <p>You will need to have good verbal and written skills, as well as good communication skills, you should be able to document clearly and concisely information you obtain from casualties.</p> <p>You will need to have a good level of physical fitness due to the tasks naturally involved in this role and will need to pass an occupational health screening by the Trust.</p> <p>You will need to be able to get onto the floor to perform CPR (for at least 2 minutes) and carry a kit bag to the scene of an emergency.</p> <p>No previous medical training or experience is required.</p> <p>During the application process an enhanced disclosure &amp; barring service (DBS) check will be carried out.</p> <p>South Central Ambulance Service has a set of core values, and we ask that the volunteers we recruit have qualities that align with these.</p> <p><a href="https://www.scas.nhs.uk/our-vision-and-values">Our Vision and Values   South Central Ambulance Service NHS Foundation Trust (scas.nhs.uk)</a></p>
<p><b>When and where?</b></p>	<p>CFRs volunteer in their own time, when they are able, for a minimum of 20 hours a month.</p> <p>Usually, our volunteers are on call from home, going about their daily business, until called upon by the ambulance service. The times that our volunteers go “on call” is entirely decided by the volunteer.</p>
<p><b>Support offered</b></p>	<p>After training, CFRs will usually join a local scheme with other CFRs which is led by a volunteer coordinator. Before going on call for the first time, volunteers will usually complete a shift with an experienced CFR or training officer from the Ambulance Service.</p> <p>Each area has a dedicated SCAS Community Engagement &amp; Training Officer (CETO) who you can contact at any time for help or support. They are your main point of contact with the organisation.</p> <p>All training, uniform and equipment is supplied by the SCAS Charity (as the NHS receive no funding for the CFR role) and will be provided on successful completion of training.</p> <p>There is support available 24/7 from the Ambulance Service, so in the event of an emergency or distressing situation,</p>

	<p>someone will always be able to be contacted. CFRs have access to the Ambulance Service employee assistance programme which can help with a full range of issues that volunteers may be facing in their personal lives.</p> <p>Volunteers can claim mileage costs from the SCAS Charity because of their CFR activities.</p> <p>SCAS will help you with writing to your car insurance company to advise them of your volunteer activity – there is rarely an issue with this.</p>
<p><b>What you could get out of it</b></p>	<p>You will be in a position where you could save lives in your community. Our CFRs regularly attend patients who would have otherwise died without their intervention.</p> <p>You will be part of the wider SCAS ‘family’ and will be given the opportunity to work with ambulance crews and other emergency services as part of the role at the scene of an incident.</p> <p>As part of your training, you will complete a level 3 certificate in Ambulance First Response, which is a nationally recognised qualification.</p> <p>You will have many opportunities to expand your knowledge and training the longer you stay with us, including being trained to drive our vehicles, work in the Clinical Coordination Centre, and undertake some additional enhanced training to enable you to do more for our patients and your community.</p>
<p><b>Other relevant information</b></p>	<p>The training consists of six sessions / days, at the end of which you will have completed the level 3 certificate in ambulance first response. The process is outlined below:</p> <ul style="list-style-type: none"> <li>• Recruitment session This may be in the evening or during a weekend and takes around 2-3 hours.</li> <li>• Induction session This may be in the evening or at weekends and takes around 4 hours</li> <li>• Clinical training course part 1 This is 2 days in length and is usually held over a weekend</li> <li>• Clinical training course part 2 This is 2 days in length and is usually held over a weekend 2 weeks after the part 1</li> </ul> <p>After 6 months there is an opportunity to complete some additional training.</p>

	<p>After your clinical training course part 2, you will need to attend a training centre every 6 months thereafter for around an hour to requalify in some of the clinical skills.</p> <p>You will be expected to adhere to the guidelines outlined in the operations manual and only work within the agreed scope of practice. As part of your recruitment you will be expected to sign and adhere to our volunteer agreement.</p>
<p><b>What to do if you're interested</b></p>	<p>Check our website to see if we are recruiting in your area: <a href="http://www.scas.nhs.uk">www.scas.nhs.uk</a></p> <p>If we are recruiting and this sounds like the volunteering opportunity you are looking for then email our administrator with your name and postcode and ask for an application pack: <a href="mailto:cfr@scas.nhs.uk">cfr@scas.nhs.uk</a></p> <p>If you would like to talk to someone further about this role, then please contact our office on 01962 898090 and they will put you in touch with the training officer for your area.</p>